

## CURRICULUM VITAE



**NAME** : Dr. Swadesh Bhatt  
**DESIGNATION** : Asst. Prof.  
**DEPARTMENT** : Psychology  
**SPECIALIZATION** : Clinical Psychology  
**EMAIL ID** : drswadeshbhatt@gmail.com  
**MOBILE** :8839430896  
**BLOOD GROUP** :O+ve

### QUALIFICATION DETAILS

S.NO.	QUALIFICATION	NAME OF UNIVERSITY	PASSING YEAR
1	PHD	NA	NA
2	M.Sc.	Dev Sanskriti University, Haridwar	2011
3	BHMS	Vikram University, Ujjain	2005

### POSITIONS HELD

S.NO.	EMPLOYER	DESIGNATION	DATE FROM	DATE TO
1	M.L.K. P.G. College, Balrampur	Asst. Prof.	06/08/2018	Continued.....
2	Amity University, Gwalior	Asst. Prof.	13.4.18	02.8.18
3	Dev Sanskriti University, Haridwar	Teaching Associate	16.2.12	16.2.13
		Lecturer	17.2.13	23.9.13
		Asst. Prof.	24.9.13	10.4.18

### ACADEMIC DETAILS

#### Significant Publications and Articles

S.NO.	TITLE	JOURNAL	ISSN/VOLUME / ISSUE	YEAR
1.	A Psycho-Yogic Management for Academic Anxiety and Aggression Level among School Going Students	Recent Educational & Psychological Researches	ISSN 2278 – 5949 Issue : 01, Vol. : 10, Pages : 08 - 13,	Jan.-Feb.- Mar. 2021
2.	A correlational study on Emotional intelligence and marital adjustment in Indian Context	International Journal of Research in Social Sciences.	ISSN: 2249-2496 Vol. 10 Issue 11	November 2020
3.	<i>Review of Mindfulness Meditation and Its Effect on Adolescent's Aggression</i>	Online Journal of Multidisciplinary Research	ISSN:2395-4892 1(1), 12-17	April 2015
4.	<i>Effect of Aum chanting on Stress Management</i>	International Journal Of Creative Research Thought	ISSN:2320-2882 1(1)	Jan2013

S.NO.	CHAPTER TITLE	BOOK TITLE	ISBN	YEAR
1	Yogic management of stress and personality evolvement in perspective of world peace	Yog Evam Vishva Shanti	978-81-952985-9-4	2022
2	Promoting psychological Well-being in individuals with Coronary Heart Disease	Decoding Well-being for Happiness and Health	978-81-941592-5-4	2020
3				

### **Conferences, Seminars, Workshops & Talks**

S.NO.	DETAILS	YEAR
5.	National Seminar on “Role of Entrepreneurship in Modern Era” organized	Sept 2022

	by M.L.K. P.G. College, Balrampur	
6.	Workshop on “Role of ICT in teaching” organized by M.L.K. P.G. College, Balrampur	2021
7.	National seminar on Biodiversity and Development:Challenges of 21 <sup>st</sup> Century organized by M.L.K. P.G. College, Balrampur	2019
8.	Workshop on “Research methodology” organized by Dev Sanskriti University, Haridwar	2013
9.	As a <i>RESOURCE PERSON</i> delivered lectures in short term Yoga course, Fitness Workshop, Refresher course & Orientation course conducted by UGC-HRDC, LNIPE Gwalior.	2012-18
10.	Workshop on “Cognitive Neuropsychology” organized by Dev Sanskriti University, Haridwar	2011
11.	Workshop on “Indigenous Techniques in Psychotherapy” organized by Dev Sanskriti University, Haridwar	2011
12.	Workshop on “Rorschach Inkblot & Intelligence Test” organized by Dev Sanskriti University, Haridwar	2010

### **Awards & Recognitions**

S.NO.	NAME OF AWARDS	YEAR
1	Utkrisht Shikshak Award by UP Govt. on Teacher Day	2021
2	Expert Counselor in Mission Shakti Program by UP Govt.	2020
3		

### **Academic / Administrative Services to the College / University**

S.NO.	DETAILS
1.	Membership in BOS
2.	Design / development of curriculum for courses of University
3.	Setting of question papers for UG/PG programs
4.	Evaluation of University Exam papers / conducting practicals /viva etc
5.	HOD Psychology
6.	Prabhari Prathmik Chikitsa
7.	Cultural Committee

8.	Admission Committee
9.	Former Krida Sah Prabhari
10.	Member of IQAC
11.	Remedial Teaching / Student Counseling (academic) / Mentoring
12.	Worked in Career counseling & Placement cell

### **Research Guidance**

S.NO.	NAME OF RESEARCH SCHOLAR	TOPIC	STATUS / YEAR
	NIL	NIL	NIL